



*Celebrating 75 years of history, family and tradition*

# Summer 2011!



**John Campbell,**  
General Manager  
Ext. 4601  
Email:  
jcampbell@LJBTC.com

As we continue to celebrate our **75th anniversary** at the La Jolla Beach and Tennis Club, I want to welcome you and your family back to one of America's favorite summer vacation spots. Since 1935 we have been providing the perfect backdrop for you to create new memories and to cherish and relive old ones.

Spending summers at the La Jolla Beach and Tennis Club continues to be a most cherished tradition. We are delighted that you have chosen to share "The Club" with your family during this special time of the year. It is our hope that while you are with us, you are able to escape the realities of your day-to-day world. Our private Club continues to improve, while still providing you the original feel of a time when things were much simpler.

We want you to relax, be safe and most of all have fun.

*This is where:*  
...your children can play in the waves of the **Pacific Ocean** or in the Junior Olympic swimming pool, while you enjoy a great book and get some sun.

...you can learn to play **golf**, work on your short game or teach any Member of your family what you already know.

...you can work with our great **tennis** professionals to bring your game to an all-time best. We offer you **three great restaurants** that are ready to serve you memorable meals and experiences. The **Club Dining Room** specializes in casual fare, using timeless recipes from the past. Open for breakfast, lunch and dinner, the dining room has a spectacular view of the ocean and evening sunsets. The outside patio dining area offers

you a view of the pool and a ceiling of stars in the evening. Ask our delightful chef, Brian Freerksen, to come by your table and say hello. Or ask Lisa Redwine for her recommendation on today's most affordable, yet trendiest wines!

If you are celebrating a special occasion, we recommend you visit the **Marine Room**. Voted San Diego's "Best Restaurant," by the California Restaurant Association, we are quite proud of the fine dining the Marine Room has provided to our guests for over 70 years. The Marine Room is located in the perfect place to observe the waves of the ocean as they dance with the edges of your table. After dinner, you are in the ideal spot for an after dinner stroll along the Club's **private beach**.

If you are looking for another alternative with exceptional cuisine, spectacular ocean-front views, a fun wine list and friendly staff, we invite you to visit the **Shores Restaurant**, located in the La Jolla Shores Hotel just north of the Beach Club. The Shores offers a great view of the Pacific Ocean and La Jolla Shores.

And, what would a visit to the Beach Club be without an all-American barbeque on the beach? Be sure to save a night for this activity! You can reserve your own barbeque by calling our Beach Services team at extension 4661. The "community grills" are also available for small groups to share with other Members and guests each evening. Nothing says summer like the smell of burgers on the grill and the taste of s'mores! We do ask that you please familiarize yourself with our rules and regulations. They have been written over the past 75 years with fun, safety and respect for others in mind. If you have any questions regarding the rules please ask any of our staff for assistance. We will be happy to help you.

The La Jolla Beach & Tennis Club—where families come to be family and where you will make memories that last a lifetime.



Where memories are made that will last a lifetime.





## Summer 2011!

*Welcome to Another Unique and Exceptional La Jolla Summer!*

A big Beach Club welcome to all of our returning guests and first-time visitors. We hope this summer will provide you with special memories that will last a lifetime.

### The Old Black Goose Ice Cream Cart

New this summer! Look for the Old Black Goose ice cream cart on the esplanade and enjoy a selection of sweet summer treats, including popsicles and ice cream.

### Splash

Serving up snow cones, smoothies, milkshakes, a selection of blended beverages, including our Wild Berry Daiquiri and Orange Mango Mambo. Be sure to stop by the poolside Splash this summer!

### Club Tiki

New to the North End of the beach! Pick up a signature Mai Tai or Margarita, Bucket o' Beer or a crisp summer sipping wine without leaving the beach.

### Beach Services Equipment

It's time to start thinking about those evening barbecues on the beach. Contact Beach Services at (858) 551-4661 or via email at [beachservices@LJBTC.com](mailto:beachservices@LJBTC.com) to make reservations for beach space and BBQ equipment.

1 Table, 10 chairs & BBQ	\$25
Add'l BBQ	\$20
<i>(Includes bag of charcoal and utensils)</i>	
Add'l table	\$7
Add'l chairs	\$2/per chair
Extra charcoal	\$4/per bag

The Club provides complimentary beach towels, windbreaks, lounge chairs and umbrellas. Community BBQs are available throughout the summer months from Memorial Day to Labor Day. BBQs will be located at the north and south ends of the beach to accommodate our guests that do not reserve a BBQ set-up but still wish to cook outside.

### Massage Services

Summer is here, and an appointment with one of our Club massage therapists provides the ultimate in relaxation. To lift your mood or energy level, consider adding aromatherapy to your session. For those with injuries or aches, a sports massage focusing on overworked muscles would be extremely beneficial. If you're too busy for the standard 60 minutes, we also offer 30-minute sessions of most massages, including foot reflexology and a deep conditioning scalp massage.

Stop by or give us a call to schedule an appointment at (858) 551-4681 or [massage@LJBTC.com](mailto:massage@LJBTC.com).

### Yoga

**Monday, Wednesday and Friday 9:00 a.m.**

If you haven't already, you'll want to join other Members and Certified Yoga and Pilates Instructor, Nan Comstock, for this wonderful weekly class. Club Yoga classes place an emphasis on Vinyasa Flow/Ashtanga, implementing Viniyoga, a yoga style combining breath with movement. Please bring your own mat and a blanket to fold and use as a prop when doing seated postures. The class is personalized so that you will feel comfortable if you are a beginner or an experienced yogi.

Cost: \$12 per person.

### Smoking

In accordance with California state law, smoking is prohibited in the Club Dining Room and patio, the Marine Room and the Shores Restaurant.

Additionally, smoking is **not permitted** in the following areas:

- All guest rooms
- Walnut Lounge, La Sala and Palm Room
- Courtyard areas
- The pool
- Tennis Courts and spectator stands
- Club corridors/breezeways

Smoking is **permitted** in the following areas:

- The beach
- The golf course (not by children's play area)
- Around the pond area
- North of room 115 on the esplanade
- North of room 122 on the balconies
- In the parking lot

### Ocean Swimming and Water Sport Activity Notice:

Please be aware that California State Law regulates the use and monitoring of the waters in front of our beach. For the safety of our guests and Members, it is unlawful to use hard-surfaced water sport equipment (surfboards, kayaks, etc.) in the ocean directly in front of the Club. We ask that you cooperate with this ordinance by taking all hard-surfaced water sport equipment to the appropriate areas, as designated by San Diego lifeguards. These areas are to the north of the Club. Thank you for your consideration. Everyone will benefit from your thoughtfulness. The surf is usually better to the north of the Club.

### Please Don't Feed the Birds:

To help make everyone's outdoor experience here at the Club as pleasant as possible, do not feed our fine feathered friends. Uninvited birds have been known to swipe food from unsuspecting guests, so keep your eyes open for these hungry ones. They just love those goodies from the Beach Hut! But hey, doesn't everyone?

### Ocean Water Sport Rentals:

Adding another dimension of enjoyment to the Club is the availability of water activity rentals.

There are several water sport companies located on Avenida de la Playa, just to the north end of our Club. Kayaks, wetsuits, masks and snorkels, surfboards, fins and boogie boards can be rented by the hour, half-day or day. Also available are kayak tours (prices will include a kayak and guide), snorkeling and diving tours, scuba and surfing lessons and even fishing activities.

Water safety and ocean life educational content will be covered in all lessons and tours. For more information about these companies and activities, please contact the Front Desk at ext. 2600.



# JUST FOR KIDS!

## Summer Kids' Club



It's back for another summer of fun, new friends and memories. Kids' Club will run from Monday, June 20 to Friday, September 2.

Monday:	1:00 - 4:30 p.m.	Duck Pond
Tuesday:	9:00 a.m. - 12:30 p.m.	Breakfast on the beach
Wednesday:	1:00 - 4:30 p.m.	Duck Pond
Thursday:	9:00 a.m. - 12:30 p.m.	Breakfast on the beach
Friday:	4:00 - 8:00 p.m.	Movie Night

Kids' Club is designed for children 3 through 10 years of age. Children must be potty-trained to participate in the daily activities. Pull-up diapers are not what we would consider to be potty trained.

Registration is on a first-come, first-served basis. There is a daily participation fee. Sign-ups start June 6 on the website: [www.LJBTC.com/kidsclub](http://www.LJBTC.com/kidsclub)

Please contact Jessica Moore, Kids' Club Director, at [kidsclub@LJBTC.com](mailto:kidsclub@LJBTC.com) or (858) 354-8532.

## Swimming lessons

Club swim instructor Lori Kilmer will be with us for yet another summer swim program. Her personalized lessons allow swimmers to learn quickly and her customized scheduling fits your busy schedules.



For additional information or to reserve a time for your next lesson, call Lori directly at (760) 745-9600. You can also visit her website at [kilmersswimtime.com](http://kilmersswimtime.com). Lessons through August are already booking up quickly, so call now to guarantee the best appointment times throughout the summer.

## Junior Golf

June 13, 14, 15	August 1, 2, 3
June 20, 21, 22	August 8, 9, 10
July 5, 6, Only 2 days	August 15, 16, 17
Tues – Wed \$130.00	August 22, 23, 24
July 11, 12, 13	August 29, 30, 31
July 18, 19, 20	
July 25, 26, 27	

9:00 a.m. – 12:00 p.m. 4 to 6 years old • Lunch: 12:00 – 12:30 p.m.  
1:00 p.m. – 4:00 p.m. 7 to 15 years old • Lunch: 12:30 – 1:00 p.m.  
Cost: \$195.00/child

Space is limited to 8 students per group. Lunch is provided. Please contact the golf shop to sign your child up.

## Cloth Swim Diapers for Children in Pool

As a reminder, the Club will require all of our little swimmers to wear special cloth swim diapers at all times in the main swimming and children's wading pools. Nude children and babies wearing non-cloth or disposable diapers are prohibited from using the swimming or wading pool at any time. Cloth swim diapers are available for purchase at the Tennis Shop.

Please help us keep the swimming pool safe from closures due to "accidents."

## Whiskey the Hawk

New to the Beach Club this year is our new bird patroller, Whiskey the Hawk. Whiskey will not attack or harm other birds. His mere presence is enough to keep pests away.

Whiskey is a two year old, Harris Hawk. This is a breed that is indigenous to Mainland Northern Mexico, Texas and Arizona. There have not been any Harris Hawks in California for over 20 years. Charles tells me that we should educate our Members and Guests of the following:

Whiskey is NOT a pet.

Never reach out towards the hawk, he is a wild raptor.

He is safe and as we progress into warmer and busier months, we just need to be educated, so we can in turn educate our Members/Guests.

### FACTS:

**Harris' Hawks** (*Parabuteo unicinctus*) are dark brown in color with copper or reddish colored shoulder patches. Their tail is long with white feathers near the vent and at the tip of the tail. When in flight the underside of the wings are also coppery in color. Their legs are long and yellow and their beak has a yellow base and black tip.

**Wild Status:** They are not currently listed as threatened or endangered. They are protected from being harassed or hunted by the Migratory Bird Treaty Act.

**Life Span:** Harris' hawks can live to be between 15 and 20 years old.

**Size:** The Harris' hawk is generally 18-24 inches in body length, has a wingspan of 3-4 feet and weighs 1.5-2.5 pounds. Female hawks are larger than the males.

Harris Hawks practice a behavior known as "back-standing". Several birds will stand on top of each other. This may serve several important purposes. The view from the Harris hawk on the top of the stack will allow it to see over a greater area and spot prey or predators. It is also thought that this behavior may help to provide shade when each bird holds open its wings shading the one under it.

## Dress Code & Cell Phone Reminder

The dress code inside the Club Dining restaurant requires a cover-up if you are in a bathing suit, and shoes at all times. And remember: etiquette suggests that hats (including baseball caps) be removed while inside the Club Dining restaurant. Use of cellular telephones is also prohibited while inside the Club Dining restaurant. Shirts and shoes are also required on the patio. Please keep in mind that bare feet on the patio can be dangerous to you and your children. Your compliance with these policies as a courtesy to other guests and Club Members is appreciated.

## Summer High Tide Schedule

Wednesday, June 29	8:30 p.m.	6.6 feet
Thursday, June 30	9:08 p.m.	6.8 feet
Sunday, July 10	6:06 p.m.	6.4 feet
Monday, July 11	7:00 p.m.	6.7 feet
Tuesday, July 12	7:49 p.m.	6.9 feet
Wednesday, July 13	8:34 p.m.	7.0 feet
Thursday, July 14	9:17 p.m.	6.7 feet
Friday, July 15	9:56 p.m.	6.7 feet
Wednesday, July 27	6:32 p.m.	6.4 feet
Thursday, July 28	8:13 p.m.	6.7 feet
Friday, July 29	8:54 p.m.	7.0 feet
Saturday, July 30	9:34 p.m.	7.0 feet
Tuesday, August 9	6:55 p.m.	6.4 feet
Wednesday, August 10	7:45 p.m.	6.6 feet
Thursday, August 11	8:28 p.m.	6.7 feet
Friday, August 12	9:06 p.m.	6.6 feet
Friday, August 26	7:55 p.m.	6.7 feet
Saturday, August 27	8:38 p.m.	6.9 feet
Sunday, August 28	9:21 p.m.	6.8 feet





Conan Lorenzo  
Director



Ashliegh Smith  
Pro



Neda Matthews  
Tennis Host



Nelson Alapi  
Pro



Jeff Eicher  
Pro



Chris Atzet  
Pro



Matt Previdi  
Pro



Brook Deming  
Pro



Amelia Larkin-Armes  
Pro

## LJBTC Tennis Staff

Our staff of experienced United States Professional Tennis Association (USPTA) pros are ready to accommodate any skill level, whether you're a first-timer or a seasoned player. From a variety of lesson options, weekly mixers and clinics to game matching and popular Cardio Tennis workouts, the Club can tailor a tennis program that is just right for you.

## Tennis Lessons & Services

Private and semi-private lessons are available for adults and children with our certified USPTA Tennis Professionals. (ext. 4680)

- Private 30-minute lesson - \$45
- Private 45-minute lesson - \$68
- Private 1-hour lesson - \$90
- Private 1-1/2-hour lesson - \$135
- Private 2-hour lesson - \$180
- Semi-private 30-minute lesson (4 people) - \$50
- Semi-private 45-minute lesson (4 people) - \$73
- Semi-private 1-hour lesson (4 people) - \$95
- Semi-private 1-1/2-hour lesson (4 people) - \$145
- Semi-private 2-hour lesson (4 people) - \$190

## Tennis Clinics

Group lessons include up to 6 students per clinic. Clinics are custom tailored depending on the group and feature technique, strategy, video analysis, and game play.

- 3.0 - 3.5 Clinic: Tuesdays and Thursdays, 9:00 to 10:00 a.m. - \$25
- 3.5 + Clinic: Tuesdays and Thursdays, 10:00 to 11:00 a.m. - \$25
- Men's Night Workout and Play: Tuesdays, 6:00 to 7:30 p.m. - \$25



## Taking Summer Tennis Camp Sign-Ups Now

### Regular Camp: Monday thru Friday

Designed for the beginner looking to enjoy the game of tennis for the first time or the player who wants to improve to the next level of competitive play. The week of tennis will include our progression of learning tennis while incorporating games, fun and Friday prizes for all participants.

Monday thru Friday 10:30 a.m. – 1:30 p.m.  
Guest: \$205

### Competitive Camp: Monday thru Friday

Designed for the tournament-level player focusing on tournament preparation and refinement of his/her tennis skills. Each week will focus on training for a specific tournament depending on the week attending.

Monday thru Friday 10:30 a.m. – 3:30 p.m.  
Guest: \$290

## Summer Camp Weeks Offered

June 20-24	August 1- 5
June 27-July 1	August 8 - 12
July 5 - July 8 (4 days only)	August 15 - 19
Regular -\$164	August 22 - 26
Competitive-\$232	August 29 - Sept. 2
July 11 - 15	
July 18 - 22	
July 25 - 29	

## Weekly Summer Afternoon Junior Academy Classes

June 27 – September 2

### Ladies Clinic:

Participate in a ladies group lesson together while our tennis pros tailor a clinic that fits your game needs and skill level.

- Monday, Wednesday and Thursday from 9:00 to 10:30 a.m. and 10:30 a.m. to 12:00 p.m. - \$25

Additional Tennis Services:

- Ball machine rental (30 minutes) - \$30
- Ball machine rental (60 minutes) - \$35
- Ball hopper rental (24 hours) - \$6
- Tennis racket rental (24 hours) - \$10
- Racket stringing service (labor) - \$18
- Sale of tennis apparel, accessories and supplies
- Adult and junior tennis lessons/clinics by appointment
- Assistance with finding tennis partners (all ability levels)
- Repair of tennis equipment
- Men's and women's tennis call rosters

Tennis Host Desk (ext. 4638)

## Court Rules:

The La Jolla Beach & Tennis Club offers 12 championship tennis courts for use by Members and registered hotel guests. All of the courts are lighted for evening play. Use of the tennis courts is free of charge.

- Courts are reserved for Club Members or registered hotel guests only.
- All players are required to sign-in on the tennis board to use courts.
- Two (2) players for singles and four (4) players for doubles must be present to sign-in.
- Three (3) players may occupy a court for one (1) hour only. If a 4th arrives, players may play for an additional 30 minutes.
- Open courts are on a first-come, first-served basis. If a court is open, you may not "bump" players off another court.
- Players with court reservations are expected to keep their reservation and not be on a wait list for another court.
- Tennis court reservations on designated courts are accepted daily. Court reservations can be made no more than 24 hours in advance and may be obtained at the tennis desk or at the Beach Club Front Desk when the tennis desk is closed.
- Prior approval is required for any round-robin play.
- Adults will have priority over juniors (under 18 years), except in the case of special junior activities or events. Juniors may be assigned courts by tennis department staff for these purposes.
- Proper tennis attire is required to be worn by all players. Swimsuits, cutoffs, sports bras and jeans are not permitted. All players must wear shirts.
- All players are required to wear tennis shoes with non-marking soles. Bare feet, sandals and street shoes are not permitted on the courts. (Cross trainers are not permitted.)

### The following are reasons for dismissal from the courts:

- improper attire
- improperly soled shoes
- cell phone usage
- smoking
- profanity or racket throwing
- abusive or rude behavior towards Club staff or other Members and guests.

## LITTLE TENNIS

Ages: 3½ to 5 years old  
We provide plenty of kid-friendly equipment to enhance the learning experience.

Days: Tuesday and/or Thursday

Time: 4:00 to 4:45 p.m. (Girls)

4:45 to 5:30 p.m. (Boys)

Cost: \$22: One Day Each Week

\$45: Two Days Each Week

### TIER 1

Ages: 5 to 7 years old

Days: Tuesday and/or Thursday

Time: 4:00 to 5:00 p.m.

Cost: \$18: One Day Each Week

\$36: Two Days Each Week

### TIER 2

Ages: 7 to 10 years old

Days: Tuesday and Thursday

Time: 4:00 to 5:30 p.m.

Cost: \$54: Two Days Each Week

### TIER 3

Ages: 10 to 16 years old

Days: Monday, Wednesday and Friday

(minimum of 2 days per week required)

Time: 4:00 to 6:00 p.m.

Cost: \$55: Two Days Each Week

\$82: Three Days Each Week

### TIER 4

Ages: 10 to 17 years old

Days: Monday, Wednesday and Friday  
(minimum of 2 days per week required)

Time: 4:00 to 6:00 p.m.

Cost: \$55: Two Days Each Week

\$82: Three Days Each Week

### ELITE TENNIS

Ages: 10 to 17 years old

(class participation is by invitation only)

Days: Monday through Friday

(minimum of 2 days per week required)

Time: 4:00 to 6:00 p.m.

Cost: \$55: Two Days Each Week

\$82: Three Days Each Week



## CLUB DIRECTORY

### ACCOUNTING/

MEMBER BILLING ext. 4612  
Direct-Dial 551-4612  
FAX 551-4692  
Email memberbilling@LJBTC.com

ADMINISTRATIVE OFFICES ext. 4602/4603  
Direct-Dial 551-4602/4603  
FAX 454-1064

BEACH SERVICES ext. 4661  
Direct-Dial 551-4661  
FAX 551-4677  
Email beachservices@LJBTC.com

CATERING ext. 4663  
Direct-Dial 551-4663  
FAX 551-9857  
Email catering@LJBTC.com

CLUB DINING ROOM ext. 4668  
Direct-Dial 551-4668

FRONT OFFICE/OPERATOR ext. 2600  
Direct-Dial 454-7126  
Fax 456-3805

### GENERAL MANAGER'S

OFFICE ext. 4601  
Direct-Dial 551-4601  
FAX 551-1064  
Email gm@LJBTC.com

GOLF PRO & SHOP ext. 4653  
Direct-Dial 551-GOLF  
FAX 456-3805  
Email golf@LJBTC.com

GUEST REGISTRATION/  
AMBASSADORS ext. 4678  
Direct-Dial 551-4678  
FAX 551-4679  
Email guestregistration@LJBTC.com

MARINE ROOM RESTAURANT ext. 2502  
Direct-Dial 459-7222  
FAX 551-4673

MASSAGE SERVICES ext. 4681  
Direct-Dial 551-4681  
Email massage@LJBTC.com

MEMBERSHIP SERVICES ext. 4628  
Direct-Dial 551-4628  
FAX 964-1961  
Email membership@LJBTC.com

PRESIDENT ext. 4600  
Direct-Dial 454-6500  
FAX 454-1064

ROOM RESERVATIONS 800-624-2582  
Email info@LJBTC.com

TENNIS COURT  
RESERVATIONS ext. 4638  
Direct-Dial 551-4638

TENNIS DESK ext. 4638  
Direct-Dial 551-4638  
Email tennis@LJBTC.com

TENNIS PRO SHOP ext. 4680  
Direct-Dial 551-4680  
Shop on-line ljbtshops.com

WEBSITE ASSISTANCE website@LJBTC.com

# FORE!

## Tee off at the Spindrift Golf Course!

551-4653



### Private Golf Video Analysis & Lessons:

La Jolla Beach & Tennis Club may not have a full driving range, but with our technology, you won't need it. The new, state-of-the-art video analysis system will allow you to see your swing on a 15" screen, pinpoint areas for improvement, and most importantly, put the world's greatest golfers alongside your swing and compare.

To schedule a private lesson call:

Golf Shop at (858) 551-4653

Club pro, Juan Flores at (858) 551-4682

### Spindrift Golf Course

As a friendly reminder to our Members, families and guests: please check in at the Golf Shop prior to heading out to play. We would prefer not to have to interrupt your games on the course to get everyone properly registered in advance. Thanks so much for your assistance.

#### COURSE FEES:

\$7.50 Non-member/\$6 children under 12

LA JOLLA  
BEACH & TENNIS CLUB

SHOP LJBTC 551-4680

**Happy summer 2011!** We're so excited to have you back for our best summer yet! The Tennis Shop has been busy this year preparing for your arrival. Here are some of the things we've got ready for you:

- NEW product lines, including brands like Seaton Surf, TOMS shoes (kids and adults), Splendid, Ella Moss, Juicy Couture, Life tennis wear, RVCA, Deuce brand watches, Lollia, Tokyo Milk and Love & Toast, Table Topics, the ONEHOPE wine label, and Live-Inspired and Quotable Cards, among others!
- LJBTC logo classics remain our mainstay... to help get you back into the summer mode, bring this newsletter in for a one-time offer of half off our basic logo sweatshirt (\$20 for adults – normally \$40 – in white and gray, and \$15 for kids – normally \$30 – in navy and gray)
- For the social-media savvy, 'like' LJBTC on Facebook – the Tennis Shop posts new merchandise often, and phone orders are always easy!

Our staff is excited to assist you with all of your retail needs while visiting our Club.

### Adult Clinics:

These instructional programs are run by our Head Golf Professional, Juan Flores. During each clinic, a group lesson is given on varying aspects of golf including: full swing, chipping, pitching, putting, bunker play, trouble shots, etc. The lesson is then followed by a round of golf on the Spindrift Course providing the unique opportunity to receive additional instruction in playing situations. The adult clinics are a great way to meet interesting people, further your golf skills, and have an enjoyable time. For more information on any of our golf programs, please contact our **Golf Shop at ext. 4653.**

## GUEST POLICIES & PROCEDURES:

If you will be inviting any guests to use the Club during your visit, please take a moment to familiarize yourself with our guest policies and procedures. We appreciate your cooperation with these rules during your visit:

- With the exception of your parents, adult children or grandchildren, who may be visiting you during your stay, guest use of the Club is limited to three (3) days per month/per individual. During the summer season, you must accompany your guests at all times while on property.
- The daily \$20 guest fee will apply at all times of the day. Guest fee for children 6–12 years of age is \$10 and entrance for children five years of age and under is complimentary.
- All guests must be pre-registered at the front ambassador booth prior to being given access to the Club. (The direct guest registration telephone number is 858-551-4678 or via email at [guestregistration@LJBTC.com](mailto:guestregistration@LJBTC.com).) Failure to register a guest in advance may result in that guest being denied access until you can be reached.
- With the exception of your parents, adult children or grandchildren, all pre-registered guests will be issued a guest card at the front guard booth upon arrival. These cards are for day-use only and will

authorize use of the facilities and charging privileges to your guest room account. (If you wish to request privileges for your parents, children or grandchildren who may visit you during your stay, please contact the front desk for a special, extended-visit guest pass.)

- Your guests will not be allowed to make food and beverage or other purchases to a room number unless a valid guest card is shown. When making a purchase, guests must sign their name, as well as write their sponsor's name and room number on the appropriate ticket. Cash purchases are not allowed. All guests will be asked to present their guest card when making a purchase or for identification purposes.
- If you wish to invite 19 or more guests at any given time for use of any Club facility, you must have the request approved in advance by the Club's Catering Office. The Club reserves the right to decline requests for large groups of guests at its sole discretion. (Club Catering can be reached by calling 858-551-4664.)
- And finally, please remember that as room guests you are legally and financially responsible for the acts, omissions and indebtedness of those you invite to use the Club as your guest.

# What's COOKING?

**LA JOLLA**  
BEACH & TENNIS CLUB  **551-4668**

## 4th of July Club Dining BBQ Buffet

**Monday, July 4 • 5:00 to 9:00 p.m.**

\$40 adults • \$15 children (under 12 years of age)  
Enjoy our special Barbecue Buffet on the Club Dining Patio. Please contact Club Dining to make your reservations.

## Chef Brian's Coastal Summer Gazpacho

This month Club Dining's Chef de Cuisine, **Brian Freerksen** shares his recipe for Coastal Summer Gazpacho. Visit [www.LJBTC.com/recipe](http://www.LJBTC.com/recipe) to download, print and enjoy!

## The Beach Hut

The Beach Hut serves up beach favorites daily, including BBQ Pulled Pork Sandwiches, Roasted Chicken Quesadilla, Club Caesar Salad, Buckets o' Beer and a selection of summer sipping wines and cocktails like David's Devilish Mai Tai and the Top Spin Mojito.

## Beach Shopping List

Let Club Dining take care of the shopping for your next beach party. Call Beach Services for reservations and request the Beach Shopping List. Simply fill in your choices from cooked or raw entrées to delicious desserts to linens and chairs, return to Club Dining, and enjoy stress-free shopping when we bring the party to you.

## Chef Brian's Market Fresh Specials

**Nightly • 5:00 to 9:00 p.m.**

Enjoy a market special featuring fresh seasonal ingredients every night of the week.

## Happy Hour

**Monday through Friday • 4:00 to 6:00 p.m.**

Unwind after a busy day at the office or on the courts with special happy hour pricing on select beverages.

## Sunday Family Night BBQ Buffet

**Through September 5 • 5:00 to 8:00 p.m.**

Beginning Father's Day, June 19, get the family together for a Sunday night BBQ buffet featuring an Antipasto Charcuterie Board, Heirloom Tomato Gazpacho, Teriyaki Marinated Skirt Steak, Cajun Butterfish, a children's station and much more. \$21 per person, \$12 for children 12 and under.

## Sunday Brunch

**11:00 a.m. to 2:30 p.m.**

Enjoy a delightful à la carte menu featuring breakfast favorites and brunch specials.

## Monday Special: Prime Rib of Beef

**5:00 to 9:00 p.m.**

Savor a special Prime Rib menu complimented by Creamy Horseradish, Mashed Potatoes, Summer Vegetables, and Rosemary Au Jus. \$23.95 per person.

## Tuesday Shrimp Night

**5:00 to 9:00 p.m.**

Three-course menu featuring shrimp starters and entrées including Sesame Shrimp Fritters and Mascarpone Shrimp Risotto, followed by a decadent dessert. \$22.75 per person.

## Flavors of Mexico

**Wednesdays • 5:00 to 9:00 p.m.**

Enjoy a three-course Mexican menu featuring Annatto Spiced Angus Beef Fajitas and Crispy Skin Snapper Veracruz entrées. \$18.75 per person.

## Thursday Wine Nights 5:00 to 7:00 p.m.

Join Advanced Sommelier, Lisa Redwine every Thursday night for a unique tasting. Enjoy two featured wines, available by the case at a special Member discount, or by the bottle up to 50% off. Plus, enjoy complimentary corkage fees. Visit [LJBTC.com/ThursdayNightWine](http://LJBTC.com/ThursdayNightWine) for more information, including a schedule of upcoming featured wines.

## Friday Lobster Night 5:00 to 7:00 p.m.

Enjoy a three-course menu, including soup or salad, lobster entrée and dessert. \$34 per person.

## Saturday Special: Stout Beer Braised Prime Beef Short Ribs

**5:00 to 7:00 p.m.**

Served with Truffle Mashed Potatoes, Asparagus, and Crispy Onion Natural Jus. \$23.50 per person.

## Music on the Patio

**Friday evenings in July and August**

Enjoy live music under the stars on the poolside patio while you savor dinner favorites like Center-Cut Filet Mignon or the three-course Lobster Night special.



*The Marine Room*  
ELEGANT DINING ON THE SURF

**459-7222**

## High Tide Dinners

**June 12–15 and 29–30 • July 10–15 and 27–30**

Experience The Marine Room and watch the surf crash against the picture windows. Times vary; visit [MarineRoom.com](http://MarineRoom.com) for additional dates and more information.

## Bastille Day

**Thursday, July 14**

Celebrate France's Bastille Day with specials, including Lobster Bouillabaisse and Provençal Herb Crusted Lamb Noisette.

## Marine Room Cooking Class

**Wednesday, August 10**

**6:00 p.m.**

\$70 per person.

Join Executive Chef, Bernard Guillas and Chef de Cuisine, Ron Oliver for an exciting cooking class followed by a three-course dinner with wine pairings. The menu includes Summer Seafood Tartare, Country Meadow Rack of Lamb Renaissance and Mandarin Napoleon Soufflé Glacé.

## Monday Lobster Night

Savor a three-course menu featuring three Maine Lobster Tail preparations, including Pistachio Butter Basted Lobster Tail. Top your evening off with our signature Dessert Trilogy. \$50 per person. \$70 with wine pairing.

## Taste of the Season

**Tuesday through Sunday evenings.**

This three-course menu features the season's freshest ingredients inspired by recipes from Flying Pans, the award-winning cookbook by Executive Chef, Bernard Guillas and Chef de Cuisine, Ron Oliver. \$50 per person, \$70 with wine pairing.

## Live Music

**Friday and Saturday • 7:00 to 10:00 p.m.**

Enjoy live music in the lounge along with a selection of small plates, including Lemon Thyme Scented Avocado Fritters, and exciting cocktails from the MR Mixology menu.

## Sunset Happy Hour

**Sunday through Friday • 4:00 to 6:00 p.m.**

Lounge open daily from 4:00 p.m. to close.

Unwind with a stunning sunset paired with \$7 small plates during Happy Hour in the lounge. Enjoy Cashew Apricot Crusted Salmon Cake and Maine Lobster Bisque. Indulge in a selection of Happy Hour drink specials, which include boutique wines and cocktail specials.

**THE SHORES** **456-0600**  
DINE ON THE BEACH

## Fallbrook Winery Un-Wine Dinner

**Wednesday, June 8 • 6:00 p.m.**

The Shores brings you a unique wine pairing event that is social, exciting, casual and never stuffy. Savor four tasting dishes, including Market Heirloom Tomatoes, an Artisan Charcuterie Board, Braised Colorado Veal Short Ribs and Chocolate Raspberry Baked Alaska, perfectly paired alongside Fallbrook wines. Join Chef de Cuisine, Augie Saucedo, Advanced Sommelier Lisa Redwine and Fallbrook Winery owner Ira Gourvitz for this special event. \$49 per person.

## Fourth of July Surf & Turf Specials

**Monday, July 4 • 5:00 to 6:30 p.m.**

Enjoy a three-course Surf and Turf special featuring your choice from the surf including Lobster Tail, Shrimp Beignets, Swordfish, and Snow Crab Claws, plus turf selections, including choice of Lamb Loin, Kobe Short Ribs, Pork Tenderloin and Filet Mignon. \$45 per person.

## Sip & Savor

**Nightly • 5:00 to 10:00 p.m.**

Indulge in a three-course tasting menu featuring perfectly paired wines with every course. June features a Natural Brandt Beef wine pairing menu. In July savor an Heirloom Tomato and Crab wine pairing menu.

## Six for \$6 Happy Hour

**Monday through Friday • 4:00 to 6:00 p.m.**

Choose from "six for \$6" appetizer and drink specials in the bar, including Steamed Black Mussels, Baja Fish Tacos and a Zesty Blood Orange Martini.

## Divas who Drink

**Wednesdays • 5:00 to 10:00 p.m.**

Enjoy 50% off select bottles of wine from female winemakers!

## Thursday Night Live Music on the Patio

**Through September 1 • 5:00 to 7:30 p.m.**

Enjoy a variety of live musical acts on our oceanfront patio and a Chef's Special inspired by the artist.

## HOUSE RULES AND REGULATIONS

To help you get the most enjoyment and satisfaction from your visit to the La Jolla Beach & Tennis Club, the following is a reminder of our house rules and regulations. If you have any questions, please contact the club manager or stop by the front desk.

### THE BEACH:

The beach officially opens at 8:00 a.m. daily. The hours between 6:00 and 8:00 a.m. are reserved for grooming of the beach and set-up of beach equipment by our staff only.

Activities on the beach must end by 10:00 p.m. The Club will extend this curfew for Club-sponsored events only.

Amplified music is not allowed on the beach at any time except for occasional Club-sponsored functions.

Requests for other entertainment (e.g. non-amplified music and live entertainers) must be approved in advance by the Club's Catering Office.

Swimmers use the beach at their own risk. The Club does not provide lifeguards and is not responsible for injuries to any person using the beach.

While sandcastle building is encouraged, digging deep holes in the sand is prohibited.

### BEACH EQUIPMENT:

Beach equipment will be limited to one chair per registered hotel guest and your pre-registered guests.

Wind-breaks will be distributed by the Beach Crew as requested. Building forts out of beach equipment is prohibited.

Beach equipment (including chairs, umbrellas and wind-breaks) that is left unoccupied for one hour will be re-distributed by the Beach Crew to others who are on the beach. Personal items should not be left unattended on the beach. All personal items left unattended for more than one hour will be collected and stored by the Beach Crew. The Club is not responsible or liable for articles collected, damaged, lost or stolen.

Furniture located around the pool and patio areas may not be taken from those areas.

Please note that personal charcoal or propane barbecues & firepits are not permitted on Beach Club property.

### BEACH PARTIES:

Arrangements for gatherings exceeding 19 people (in any area of the Club) must be cleared in advance by the Club's Catering Office. Outside caterers are prohibited. The Club also reserves the right to decline large parties at its sole discretion. Guest lists for all beach parties at which non-registered hotel guests or non-members will be attending must be submitted to the Beach Crew podium and the front guard booth a minimum of 24 hours prior to the event. Failure to do so may result in cancellation of the function. Additionally, persons not listed on this guest list will be denied access to the Club.

Barbecues are not allowed on the beach prior to 5:00 p.m. For safety reasons, barbecues are prohibited in all other areas including the Esplanade, Esplanade wall and room balconies. During the summer months from 5:00 to 8:00 p.m., the Club will provide community barbecues on a complimentary, space-available basis. Parties of six or more are not allowed to use the community barbecues. Individual beach barbecues are available for a daily rental fee (includes matches and self-starting charcoal) and should be reserved in advance by calling ext. 4661.

### CHILDREN USING CLUB FACILITIES:

Children 12 and under must be in the direct company of a responsible supervising adult (18 & over) at all times in all areas of the Club. Effective control of children by parents or another accompanying adult is mandatory. Use of skateboards, roller skates or blades, scooters and other toys with wheels is prohibited in all areas of the Club. Bicycles are allowed when being ridden around the duck pond and must be stored in the bike rack adjacent to court #6.

### FITNESS ROOM:

Use of the Club's fitness room and equipment is available for use by adult guests and Members only (18 years and over). Children 17 years old and under are not permitted in the fitness room even with an adult. Daily hours of operation are 6:00 a.m. to 10:00 p.m. Fitness attire and proper exercise shoes must be worn at all times while using the equipment. Shirts must be worn at all times. Bare feet and sandals are not permitted inside the fitness room.

Personal training/fitness instruction may be given by designated Club professionals only. All others are prohibited from providing these services on Club premises.

### GOLF:

Golfers use the course at their own risk and are responsible for the flight of their golf ball. The Club will not assume liability for damages or injuries caused by the flight of golf balls. Golf instruction may be given only by designated Club professionals. All others are prohibited from giving golf lessons on Club premises.

### PARKING:

All persons arriving at the Club must stop and identify themselves, as well as announce any guests they may have with them or who may be arriving later and have not been pre-registered. As a courtesy to our Club Members, please do not use the right lane at the entrance to register your guests.

Red zones in the Club's parking lot are designated for emergency vehicle use only. Parking in these zones is illegal and may result in the car being towed at the owner's expense. Unless a valid handicapped placard is displayed, parking in designated handicapped spots is also

prohibited. The Club prohibits motor homes and boat trailers from parking in the lot. The Club disclaims any responsibility, expressed or implied, to protect against the loss of or damage to vehicles or their contents. Acceptance of this disclaimer is a condition for use of the parking facility.

### SWIMMING POOL:

Daily hours of operation are from sunrise to sunset.

The pool is closed to children under the age of 18 years between the hours of 12:00 p.m. and 1:30 p.m. each day. During this time period, the pool is restricted to lap swimming by adults only. Swimmers use the pool at their own risk. The Club does not provide lifeguards and is not responsible for injuries to any person using the pool. Children under 12 years must be under the direct supervision of an adult.

Rubber rafts, balls, Frisbees, surfboards, boogie boards and other water toys are not allowed in the pool at any time. (The only exceptions are baby flotation devices, items being used by the Club's designated swim instructor during swim lessons or swim kick boards used during adult lap time only.)

Use of towels in the pool and running and rough housing in or around the pool are prohibited.

Private swimming lessons are available in the Club pool from the Club's designated swim instructor. All others are prohibited from providing swim lessons on Club premises.

Special swim diapers must be worn by babies at all times in the main swimming and wading pools. Nude children or babies not wearing reusable cloth swim diapers are prohibited from using the swimming pool at any time. (Reusable cloth swim diapers are available for purchase at the Tennis Shop.)

### TENNIS:

The Club's 12 championship tennis courts are available for use by registered hotel guests and Members between the hours of 6:30 a.m. and 10:00 p.m. (All of the courts are lighted for night play.) There are no court fees charged for playing tennis. Detailed rules of play and conduct are posted on each court. Adherence to the posted dress code is required at all times. Tennis shoes with non-marking soles are required on the tennis courts. When in doubt, questions regarding soles can be directed to the tennis desk or shop. Tennis instruction is provided by designated Club professionals. All others are prohibited from providing tennis instruction on Club premises. Use of the tennis courts is regulated by the sign-in board located at the tennis desk. All guests using the courts must check in at the tennis desk located between courts #1 and #2 prior to play.

Court reservations are accepted seven days a week on designated courts and can be made no more than 24 hours in advance at the tennis desk. (Reservations may be made at the front desk after hours.) Court reservations are limited to one court time per guest room/per day.