



La Jolla
Beach & Tennis
Club
Junior Tennis
Academy
FAQ's

FREQUENTLY ASKED ACADEMY QUESTIONS

1. What criteria are taken into consideration when placing juniors in the correct group?

Club Academy Juniors are placed in groupings by age and ability levels, with specific consideration to growth and developmental stages. If your junior is participating for the first time, our Academy Director will provide a 15-minute evaluation in order to best place your junior into one of our Club programs.

2. Who makes the decision on when kids are ready to move to another class?

Our Club coaches meet together before, during and after the session to discuss which juniors are ready to move.

3. How long should a junior stay in the same group?

Our movement of juniors is placed on technical, physical, and mental progressions. Each junior is unique. There is no exact length of time a junior moves from one class to another. Private lessons are a great way to accelerate the movement process while obtaining specific individual attention.

4. How often should my junior practice?

The amount of time one should practice depends on age, skill and individual goals. Please speak with one of our coaches for more specific information.

5. What are the policies of the Club Academy when it is raining?

On rain days, please contact the Junior Academy Director for an update. Normally, when it is raining all day we elect to cancel class. If it is raining off and on we will hold class in one of our banquet rooms, using indoor tennis balls and exercises. We also take advantage of our video library to analyze tennis play.

6. Are there make-up days for rain days?

Yes! Please speak with our Junior Academy Director.

7. Do you Pro-rate classes?

We do not pro rate classes. Please contact the Junior Academy Director for special circumstances.

8. What happens if my junior is injured while in Club Academy?

The Club has an EMT (Emergency Medical Technician) on site at all times, to take care of specific occurrences. If there is a serious injury, parents will be contacted immediately based on the contact information provided through membership.

9. If Junior's sign-up for two (2) times per week, can they attend any of the days offered at their level?

Unfortunately, once a junior signs up for a particular class(es), these will be the classes they must attend. This is due to the fact that we have a set amount of coaches for each class, based on the number of juniors attending. If additional juniors join the class unexpectedly, then ratio of juniors to coaches will be compromised.

10. What is Club policy for sick days, doctor's visits or any day missed?

We do not offer credits or refunds for these days. Please try and schedule doctor's visits around classes. However, please contact the Junior Academy Director for special circumstances.

11. Does Junior Academy take the Holidays off?

Junior Academy will not be held on Thanksgiving Day or the last two weeks of December. Please visit the Club website for exact dates.

12. What should Juniors wear to Academy?

Comfortable clothing including shorts/skirts, tennis warm-ups, T-shirt/sweatshirt and non-marking tennis shoes. No jeans, please.

13. When should parents purchase a new racket for Juniors?

Rackets are the key ingredient for tennis. There are 5 lengths of rackets that are crucial to a junior's progress: 21, 23, 25, 26 and 27 inches. Check with one of our Club Pro's to obtain advice for your junior, as each length pertains to a different age and ability level.

14. How do Juniors get involved with Team Tennis Leagues?

When juniors are ready to compete by being comfortable in serving and keeping the ball in play, there is a league called *USA Team Tennis*. The league consists of teams formed at each tennis club or center located in San Diego. There are generally 6 to 8 juniors on each co-ed team. Play is singles and doubles, with coaching allowed.

15. When are juniors ready to start tennis tournaments?

We suggest waiting until Tier 2 and to consult with a Club coach first. Generally, our Challenger Cups are a great place to start as they are tailored for the beginner player. The Challenger Cups are round-robin format, providing 2 to 3 hours of play against a group of players of similar abilities.

16. Does Junior Academy offer private lessons for Juniors to receive individual coaching?

All our teaching professionals offer private lessons, including but not limited to education on all biomechanics of each shot, strategy, tournament coaching and more. Look for a teaching pro that a Junior bonds with in the programs. One can then inquire as to times, days and pricing of lessons with them.

17. How can private lessons benefit Junior Academy players?

Juniors will progress with more individualized attention, in conjunction with group classes. You can elect to take individual or semi-private lessons.

18. If parents have questions regarding programs, who should they contact?

The best thing to do is check with the pro currently working with your junior, as they are most knowledgeable about your junior's progress. Otherwise, please refer to Junior Academy Director, Conan Lorenzo.

Director of Junior Tennis

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LJBTC.com
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