



## Recreation



### Fitness Center

**DAILY • 6 AM – 10 PM**

Located in the Fountain Courtyard.

*Ages 17 and under are not permitted.*

### Spindrift Golf Course

**DAILY • SUNRISE – SUNSET**

The 9-hole, par-3 golf course is ideal for all levels. No tee times are necessary.

For lessons and more information, call **x4653**.

### Tennis

**DAILY • SUNRISE – SUNSET**

Take advantage of our 12 championship hard courts.

To reserve and inquire about lessons and camps, call **x4680**.

### Pickleball

**DAILY • SUNRISE – SUNSET**

Ready, set, rally! To reserve and inquire about lessons and camps, call **x4680**.



Court Reservations

#### HOW CAN WE ASSIST YOU?:

For housekeeping, maintenance or activity information, please text us: +1.844.517.0030 or call x2600.

#### WIFI:

Join "LajollaBeachandtennis" and enter Ace228  
June password: Sand645

#### TAG US:

@ljbtc @themarineroom @ljsreshotel

## Wellness



### Massage Services

Our team of certified therapists are here to make your stay even more enjoyable with a relaxing massage. To book your appointment, call **x4681**.

### Yoga

**Monday, Wednesday, Friday • 9 AM– 10:15 AM**

Discover the art of balance and heal your mind and body with a yoga class led by one of the resort's skilled instructors. Class location is posted at the Front Desk.

## Club Dining

The exclusive restaurant for hotel guests and members, serving regional coastal cuisine with local and artisan ingredients.

### Open Daily

**BREAKFAST • 7 AM – 11:30 AM**

**LUNCH / DINNER • 11:30 AM – 8:30 PM**

### Happy Hour

**MONDAY – FRIDAY • 4 PM – 6 PM**

**FRIDAY NIGHTS • 5 PM – CLOSE**

### Complimentary Coffee

**CLUB DINING PATIO • 7 AM – 9 AM**

## Resort Amenities



### Bike Rentals

Beach Cruisers are available for hourly rentals from the front desk. 1st hour on us—use promo code CLUB1. To reserve, call **x2600**.

### Beach

**DAILY • 8 AM – 10 PM**

Beach chairs, umbrellas and towels are available, or enjoy a beach BBQ or firepit in the evening! Call **x4661** for more information and to reserve.

### Pool

**DAILY • 6 AM – 9 PM | ADULT SWIM • Noon – 1:30 PM**

Soak up some sun, and swim a couple of laps; our junior Olympic pool is heated year-round. Towels are available at the pool deck.

EST. 1941

### THE MARINE ROOM

**WEDNESDAY – SUNDAY • 5 PM – 9 PM**

One of San Diego's most iconic restaurants attached to The Club. *Reservations are highly recommended. Call 858.459.7222*

THE  
WALNUT LOUNGE



LA JOLLA  
CA

**DAILY • 11:30 AM – 10 PM**

Ideal for those seeking to unwind with expertly crafted cocktails, the finest scotch delectable small bites.

Welcome to the club

# Recreation Activities

June 19 - June 25



WEDNESDAY 6/19	THURSDAY 6/20	FRIDAY 6/21	SATURDAY 6/22	SUNDAY 6/23	MONDAY 6/24	TUESDAY 6/25
<p><b>Yoga</b> 9 AM   La Sala West</p>	<p><b>Outdoor Games</b> 10 AM   Captain's Club</p>	<p><b>Yoga</b> 9 AM   Palm Room</p>	<p><b>Scavenger Hunt</b> 12 PM   Captain's Club</p>	<p><b>Arts and Crafts</b> 12 PM   Captain's Club</p>	<p><b>Yoga</b> 9 AM   Palm Room</p>	<p><b>Outdoor Games</b> 10 AM   Captain's Club</p>
<p><b>Outdoor Games</b> 10 AM   Captain's Club</p>		<p><b>Water Fight</b> 12 PM   Captain's Club</p>	<p><b>Old Black Goose Rides</b> 2 PM   Flag pole</p>	<p><b>Snow Cones</b> 2 PM   Pool Patio</p>	<p><b>Outdoor Games</b> 10 AM   Captain's Club</p>	
		<p><b>Tie Dye</b> 2 PM   Captain's Club \$10 for Youth shirts \$15 for Adult shirts</p>	<p><b>Arts &amp; Crafts</b> 4 PM   Captain's Club</p>	<p><b>Chipping Contest</b> 4 PM   Captain's Club</p>		
		<p><b>Food Science</b> 4 PM   Pool Patio</p> <p><b>Paint and Juice</b> 6 PM   Playground</p>	<p><b>Movie Night</b> 8 PM   Captain's Club Join us for a viewing of "The Lorax" and fresh popcorn!</p>	<p><b>Glow in the Dark Arts &amp; Crafts</b> 6 PM   Captain's Club</p>		
		<p><b>Tiki Night</b> 5 PM - 10 PM   The Walnut Lounge Celebrate the end of the lunar cycle with Tiki Night! Enjoy tiki cocktails, rum, and food specials!</p>				