

Recreation 

Fitness Center

DAILY • 6 AM – 10 PM

Located in the Fountain Courtyard.
Ages 17 and under are not permitted.

Spindrift Golf Course

DAILY • SUNRISE – SUNSET

The 9-hole, par-3 golf course is ideal for all levels. No tee times are necessary. For lessons and more information, call **x4653**.

Tennis

DAILY • SUNRISE – SUNSET

Take advantage of our 12 championship hard courts. To reserve and inquire about lessons and camps, call **x4653**.



Court Reservations

Pickleball

DAILY • SUNRISE – SUNSET

Ready, set, rally! To reserve and inquire about lessons and camps, call **x4653**.

HOW CAN WE ASSIST YOU?:

For housekeeping, maintenance or activity information, please text us: +1.844.517.0030 or call x2600.

WIFI:

Join "LajollaBeachandtennis" and enter Ace228
June password: Escape619

TAG US:

@ljbtc @themarineroom @ljsshoresotel

Wellness 

Massage Services

Our team of certified therapists are here to make your stay even more enjoyable with a relaxing massage. To book your appointment, call **x4681**.

Yoga

Monday, Wednesday, Friday • 9 AM– 10:15 AM

Discover the art of balance and heal your mind and body with a yoga class led by one of the resort's skilled instructors. Class location is posted at the Front Desk.

Resort Amenities 

Bike Rentals

Beach Cruisers are available for hourly rentals from the Front Desk. 1st hour on us—use promo code CLUB1. To reserve, call **x2600**.

Beach

DAILY • 8 AM – 10 PM

Beach chairs, umbrellas, and towels are available, be sure to also inquire about beach BBQs and firepits! Call **x4661** for more information and to reserve.

Pool

DAILY • 6 AM – 9 PM | ADULT SWIM • Noon – 1:30 PM

Soak up some sun, and swim a couple of laps; our junior Olympic pool is heated year-round. Towels are available at the pool deck.

Club Dining

The exclusive restaurant for hotel guests and members, serving regional coastal cuisine with local and artisan ingredients.

Open Daily

**BREAKFAST • 7 AM – 11:30 AM LUNCH /
DINNER • 11:30 AM – 8:30 PM**

Complimentary Coffee

CLUB DINING PATIO • 7 AM – 9 AM

Happy Hour

**MONDAY – FRIDAY • 4 PM – 6 PM
FRIDAY NIGHTS • 5 PM – CLOSE**

EST. 1941

THE MARINE ROOM

WEDNESDAY – SUNDAY • 5 PM – 9 PM

Embark on a culinary adventure featuring seafood creations made with globally influencer flavors. Reservations are highly recommended. Call 858.459.7222.

THE WALNUT LOUNGE



LA JOLLA
CA

DAILY • 11:30 AM – 10 PM

Ideal for those seeking to unwind with expertly crafted cocktails, the finest scotch and delectable small bites.

Welcome to the club

Recreation Activities

July 10-July 16



WEDNESDAY 7/10	THURSDAY 7/11	FRIDAY 7/12	SATURDAY 7/13	SUNDAY 7/14	MONDAY 7/15	TUESDAY 7/16
<p>Yoga 9 AM La Sala West</p> <p>Scavenger Hunt 10 AM Captain's Club</p>	<p>Tie Dye 12 PM Captain's Club \$10 for Youth shirts \$15 for Adult shirts</p>	<p>National French Fry Day ALL DAY The Walnut Lounge Complimentary french fries with every food order!</p>	<p>Scavenger Hunt 12 PM Captain's Club</p> <p>Super Soaker 1 PM Gazebo Area</p>	<p>Tie Dye 12 PM Captain's Club \$10 for Youth shirts \$15 for Adult shirts</p>	<p>Yoga 9 AM Palm Room</p>	<p>Outdoor Games 10 AM Captain's Club</p>
<p>Water Fight 11 AM Captain's Club</p> <p>Arts and Crafts 12 PM Captain's Club</p>	<p>Snow Cones 1 PM Captain's Club</p> <p>Paint and Juice 3 PM Spindrift Pavillion</p>	<p>Yoga 9 AM Palm Room</p> <p>Tie Dye 10 AM Captain's Club \$10 for Youth shirts \$15 for Adult shirts</p>	<p>Old Black Goose Rides 2 PM Flagpole</p> <p>Arts & Crafts 3 PM Spindrift Pavilion</p>	<p>Scavenger Hunt 1 PM Gazebo Area</p> <p>Inflatable Soccer 2 PM Spindrift Pavilion</p>	<p>Outdoor Games 10 AM Captain's Club</p>	<p>Kickball 10 AM Spindrift Pavilion</p>
<p>Tattoos and Pops 1 PM Pool Patio</p> <p>Inflatable Soccer 2 PM Spindrift Pavilion</p>	<p>Kickball 5 PM Captain's Club</p> <p>Arts & Crafts 6 PM Captain's Club</p>	<p>Water Fight 12 PM Captain's Club</p> <p>Mermaids & Pirates 1 PM Club Pool</p>	<p>Obstacle Course 4 PM Spindrift Pavilion</p> <p>Ping Pong 5 PM Playground</p>	<p>Tattoos and Pops 3 PM Pool Patio</p> <p>Ping Pong 5 PM Playground</p>	<p>Arts & Crafts 12 PM Captain's Club</p> <p>Ping Pong 2 PM Playground</p>	<p>Arts & Crafts 12 PM Captain's Club</p> <p>Snow Cones 2 PM Pool Patio</p>
<p>Ping Pong Tournament 4 PM Captain's Club</p>		<p>Food Science 2 PM Pool Patio</p> <p>Scavenger Hunt 4 PM Captain's Club</p> <p>Friday Night Buffet 5 PM Club Dining</p>	<p>Paint and Juice 6 PM Captain's Club</p>	<p>Kickball 6 PM Captain's Club</p> <p>Glow in the Dark Putt Putt 8 PM Putting Greens</p>	<p>Toss and Catch 4 PM Captain's Club</p>	<p>Spikeball 4 PM Captain's Club</p>
<p>Glow in the Dark Arts & Crafts 6 PM Captain's Club</p>		<p>Spikeball 6 PM Captain's Club</p> <p>Glow in the Dark Arts & Crafts 8 PM Captain's Club</p>	<p>Movie Night 8 PM Captain's Club Join us for popcorn and a viewing of "Tarzan" under the stars!</p>		<p>Paint and Juice 6 PM Captain's Club</p>	<p>Trivia 5:30 PM Club Dining Patio</p>