



## Recreation



### Bike Rentals

Beach Cruisers are available for hourly rentals from the Front Desk. The first hour is on us—use promo code CLUB1. To reserve, call **x2600**.

### Tennis

#### DAILY • SUNRISE – SUNSET

Take advantage of our 12 championship hard courts. To inquire about lessons and camps, call **x4653**.



Court Reservations

### Pickleball

#### DAILY • SUNRISE – SUNSET

Ready, set, rally! To reserve and inquire about lessons and camps, call **x4653**.

### Spindrift Golf Course

#### DAILY • SUNRISE – SUNSET

The 9-hole, par-3 golf course is ideal for all levels. No tee time necessary. For lessons and more information, call **x4653**.

#### HOW CAN WE ASSIST YOU?:

For housekeeping, maintenance or activity information, please text us: +1.844.517.0030 or call **x2600**.

#### WIFI:

Join "LajollaBeachandtennis" and enter Ace228  
June password: Escape619

#### TAG US:

@ljbtc @themarineroom @ljshoreshotel

## Wellness



### Fitness Center

#### DAILY • 6 AM – 10 PM

Located in the Fountain Courtyard. Ages 17 and under are not permitted.

### Massage Services

Our team of certified therapists are here to make your stay even more enjoyable with a relaxing massage. To book your appointment, call **x4681**.

### Yoga

#### Monday, Wednesday, Friday • 9 AM – 10:15 AM

Discover the art of balance with a yoga class led by one of the resort's skilled instructors. Class location is posted at the Front Desk.

## Club Dining

The exclusive restaurant for hotel guests and members, serving regional coastal cuisine with local and artisan ingredients.

### Open Daily

**BREAKFAST • 7 AM – 11:30 AM**

**LUNCH / DINNER • 11:30 AM – 8:30 PM**

### Complimentary Coffee

**CLUB DINING PATIO • 7 AM – 9 AM**

### Happy Hour

**MONDAY – FRIDAY • 4 PM – 6 PM**

**FRIDAY NIGHT • 5 PM – CLOSE**

## Resort Amenities



### Beach

#### DAILY • 8 AM – 10 PM

Beach chairs, umbrellas, and towels are available. Be sure to inquire about beach BBQs and firepits! Call **x4661** for more information and to reserve.

### Pool

#### DAILY • 6 AM – 9 PM | ADULT SWIM • Noon – 1:30 PM

Soak up some sun, and swim a couple of laps; our junior Olympic pool is heated year-round. Towels are available at the pool deck.

EST. 1941

### THE MARINE ROOM

#### WEDNESDAY – SUNDAY • 5 PM – 9 PM

Embark on a culinary adventure featuring seafood creations made with globally influencer flavors. Reservations are highly recommended. Please call 858.459.7222.

THE  
WALNUT LOUNGE



LA JOLLA  
CA

#### DAILY • 11:30 AM – 10 PM

Ideal for those seeking to unwind with expertly crafted cocktails, the finest scotch and delectable small bites.

Welcome to the club

# Recreation Activities

July 31 - August 6



WEDNESDAY 7/31	THURSDAY 8/1	FRIDAY 8/2	SATURDAY 8/3	SUNDAY 8/4	MONDAY 8/5	TUESDAY 8/6
<p><b>Yoga</b> 9 AM   La Sala West</p> <p><b>Scavenger Hunt</b> 10 AM   Captain's Club</p>	<p><b>Outdoor Games</b> 10PM   Captain's Club</p> <p><b>Water Fight</b> 11 PM   Spindrift Pavilion</p>	<p><b>Yoga</b> 9 AM   Palm Room</p> <p><b>Connect Four</b> 10 AM   Captain's Club</p>	<p><b>Water Fight</b> 10 AM   Captain's Club</p> <p><b>Inflatable Soccer</b> 11:30 AM   Spindrift Pavilion</p>	<p><b>Outdoor Games</b> 10PM   Captain's Club</p> <p><b>Inflatable Soccer</b> 12 PM   Spindrift Pavilion</p>	<p><b>Yoga</b> 9 AM   Palm Room</p> <p><b>Shuffleboard</b> 10 AM   Captain's Club</p>	<p><b>Kickball</b> 10 AM   Spindrift Pavilion</p> <p><b>The Game: Yard Pong</b> 11 AM   Spindrift Pavilion</p>
<p><b>Yard Pong</b> 11 AM   Spindrift Pavilion</p> <p><b>Snow Cones</b> 12 PM   Pool Patio</p>	<p><b>Tattoos &amp; Pops</b> 1 PM   Pool Patio</p> <p><b>Card Game: Spoons</b> 2 PM   Captain's Club</p>	<p><b>Scavenger Hunt</b> 11 AM   Captain's Club</p> <p><b>Paper Airplane Contest</b> 1 PM   The Playground</p>	<p><b>Tattoos &amp; Pops</b> 1 PM   Pool Patio</p> <p><b>Old Black Goose Rides</b> 2 PM   Flagpole</p>	<p><b>The Game: Colors</b> 1 PM   Spindrift Pavilion</p> <p><b>Capture the Flag</b> 2 PM   Spindrift Pavilion</p>	<p><b>Inflatable Soccer</b> 11 AM   Spindrift Pavilion</p> <p><b>Arts &amp; Crafts</b> 12 PM   Captain's Club</p>	<p><b>Food Science</b> 12 PM   Captain's Club</p> <p><b>Wild life Painting</b> 2 PM   Spindrift Pavilion</p>
<p><b>Arts &amp; Crafts</b> 1 PM   Captain's Club</p> <p><b>Kickball</b> 2 PM   Spindrift Pavilion</p> <p><b>Sunglasses Decorating</b> 3 PM   Captain's Club</p>	<p><b>Paint &amp; Juice</b> 3 PM   Captain's Club</p> <p><b>Food Science</b> 4 PM   Captain's Club</p>	<p><b>Tie Dye</b> 3pm   Captain's Club \$10 for Youth shirts \$15 for Adult shirts</p> <p><b>Ping Pong</b> 5 PM   The Playground</p>	<p><b>Bracelet Making</b> 5 PM   Captain's Club</p> <p><b>Yard Pong</b> 6 PM   Captain's Club</p>	<p><b>Snow Cones</b> 3 PM   Pool Patio</p> <p><b>Arts &amp; Crafts</b> 4 PM   Captain's Club</p>	<p><b>Ping Pong</b> 2 PM   Playground</p>	<p><b>Spikeball</b> 4 PM   Captain's Club</p> <p><b>Trivia</b> 5:30 PM   Club Dining Patio</p>
<p><b>Friendship Bracelets</b> 4 PM   Captain's Club</p> <p><b>Tug of War</b> 5 PM   Spindrift Pavilion</p>	<p><b>Shuffleboard</b> 6 PM   Captain's Club</p> <p><b>Spikeball</b> 4 PM   Captain's Club</p>	<p><b>Arts &amp; Crafts</b> 6 PM   Captain's Club</p> <p><b>Glow in the Dark Putt Putt</b> 8 PM   Putting Green</p>	<p><b>Movie Night</b> 8 PM   Captain's Club Join us for popcorn and a viewing of "Shrek" under the stars!</p>	<p><b>Kickball</b> 5 PM   Spindrift Pavilion</p> <p><b>Glow in the Dark Arts &amp; Crafts</b> 7 PM   Captain's Club</p>	<p><b>Yard Game: Giant Cup Pong</b> 4 PM   Captain's Club</p>	
<p><b>Glow in the Dark Putt Putt</b> 6 PM   The Putting Green</p>	<p><b>Ladies Night</b> 5 PM   The Walnut Lounge</p>	<p><b>Friday Night Buffet</b> 5 PM   Club Dining</p>			<p><b>SpikeBall</b> 6 PM   Captain's Club</p>	